

ANNUAL REPORT

2020 - 2021

WHO ARE WE?

The Amy Foundation Trust, (formerly known as the Amy Biehl Foundation Trust), (<https://amyfoundation.co.za/>) is a non-profit organization that aims to educate and develop young children and youth from impoverished and vulnerable communities. At the foundation, we offer a wide range of programmes, such as the afterschool programme (ASP), the youth skills development programme (YSD) as well as programmes specially designed for aspiring entrepreneurs. These programmes are designed for primary, secondary and post-matric students, thus empowering them to be economically active citizens. Our enriching afterschool programmes, bridge the large vacuum created by the poor quality of education most learners receive in the townships and the youth skills development programmes play a pivotal role in reducing the high level of unemployment in these impoverished communities.



OUR MISSION & VISION

Mission

To provide a safe environment in challenged and vulnerable communities where we develop emotionally well-rounded children and youth who make positive life choices and become contributing members of society.

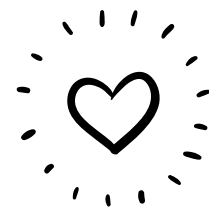
Vision

To provide the best children and youth programmes where all achieve and succeed in life.

For 22 years, the Amy Foundation has been working to provide underprivileged learners in the Cape Town area with enrichment opportunities. With up to 1000 youngsters participating in our programmes daily (and over 1000 planned for 2021/2022), the Amy Foundation empowers both the participants at the schools as well as the surrounding communities.



LEGAL ESTABLISHMENT



Name: Amy Foundation Trust, Formerly The Amy Biehl Foundation Trust

Founded: 1997

Trust Number: IT 8501/97

NPO Number: NPO-026-922

PBO Number: PBO 18/11/13/1042

Website: www.amyfoundation.co.za

BOARD OF TRUSTEES**

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Kevin Maurice Chaplin
Managing Director

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Richard Patrick Rhoda

Zintle Vathiswa Ngogodo

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Siyabonga Ngqame
After School Programme Manager

Hilary George
Youth Skills Development Programme Manager

CHAIRMAN'S REPORT



I am proud to be chairing an organisation as strong and sustainable as the Amy Foundation. Together with my colleagues on the board as well as the Audit, Risk, and Governance committee members, it is a privilege to be working to change so many lives and make such a difference in our society. The financial year ending 28 February 2021 was a tough one with COVID-19 and its impact on everyone's lives, causing our income to decline.

Despite the challenges, however, Amy Foundation was able to continue working tirelessly with youngsters from challenged and vulnerable communities, giving them hope and opportunities they would never have had, even doing virtual classes during the lockdown and at the same time feeding communities.

The After School Programmes continued to keep the children away from all the negative influences during the year under review and created emotionally well-rounded future leaders our country needs.

The Youth Skills Development Programme placed youth in employment, internships, or their businesses and continues to address the unacceptably high level of youth unemployment. The Board of Trustees would like to thank all our Donors, Funding partners, Ambassadors, and Stakeholders for their generosity and support and who played a crucial role in the success of the Foundation.

Rob Williams



MANAGING DIRECTOR'S REPORT

Despite COVID-19 Amy Foundation managed to not only survive but thrive, even though our income was so negatively affected. Funding amid a pandemic proved to be very stressful and challenging but we showed that one can rise above any obstacle. With up to 1000 youngsters in our programmes daily and a dramatic increase in costs due to virtual classes during the strict lockdown, the Amy Foundation was a testimony of what is possible.

The staff worked tirelessly to continue changing lives. We did feeding schemes to, not just our children, but the community too. Our onsite classes were in full swing again from September 2020 with a hybrid of virtual, new intakes in our youth skills development programme whilst continuing with advanced classes and our after school programmes, with all protocols in place. It is heart-warming to see the outstanding work being carried out and especially the positive impact on our learners and how life-changing it is for them. To date, by the end of the financial year, we had placed 1053 students in employment and started 36 new businesses.

I was recently asked by someone what the best thing is about running the Amy Foundation, and my answer was immediate "the results and outcomes that we see in the growth and development of the learners that have come through our programmes" This is all thanks to our staff, donors, and supporters who have made all this achievable and continue to do so.

We are extremely grateful and blessed to know that we are all in this together; making the difference South Africa needs.

Kevin Chaplin



PROBLEM STATEMENT



Poverty is not just about the economic level. Poverty and social exclusion impact children and young people's lives across a variety of physical, cognitive, behavioural, emotional and economic domains. Those living in poverty are more likely to suffer malnutrition, low self-esteem, do less well at school, suffer unemployment, low pay and poor health in adulthood. Poverty has a particularly adverse effect on the academic outcomes of children as well as job training and jobs skills needed for success in today's world. Inadequate education contributes to these outcomes.

Education should be the first step to the success children have in South Africa. Yet the system is failing a vast group of children. For example, the 2020 matric pass rate of 76.2% is very misleading. This cohort started school in 2009 with a total enrolment of 1,072,992 students. Yet by the time of matric, the total number of learners was 578,468. Of this group 440,702 passed matric. So what happened to the other 494,525 learners?

This dropout rate of almost 50% is unacceptable. Our educational system is failing far too many students.

The Amy Foundation's programmes educate and develop children and youth from challenged and vulnerable communities. We work to keep the learners away from all the negative influences in their lives. We provide After School Programmes (ASP), and Youth Skills development and entrepreneurial programmes (YSD).

ASP supports up to 500 children and youth daily in our three after school centres based in the underprivileged communities of Cape Town, namely Gugulethu, Bonteheuwel with 400 learners planned in our new centre in Philippi in July 2021.

The ASP programme attempts to fill gaps and lower the dropout rate by offering tutoring and other activities not usually available to learners in school. There is a need to keep children in school. There needs to be a way to help them develop the knowledge needed to succeed in life. The programmes attempt to supplement the shortcomings of the educational system in the townships.

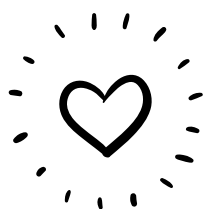
Assessment of ASP is carried out through our in-house monitoring and evaluation framework. We utilize both quantitative and qualitative models to collect data. A standard and well-structured curriculum are followed, with discipline-specific lesson plans and assessments. Components of the quantitative portion of evaluation include attendance records and children fed. We also use survey data from facilitators, volunteers, learners and partners. Qualitative data is obtained through written survey responses, interviews, observation and the services of an external evaluator. The programme evaluation also relies on communication with the teachers in the schools to monitor achievement. Programme planning also uses information obtained through a yearly cost analysis.



For young adults, unemployment is arguably the single most significant obstacle to poverty reduction in South Africa. South Africa has the highest unemployment rates in the world for people younger than 34.

According to the Quarterly Labour Force Survey (QLFS) of the 1st quarter of 2021, young people are still struggling in the South African labour market. The official unemployment rate is 34.9%. but the burden of unemployment is concentrated amongst the youth as 59,5% of the 18 – 35-year-olds are unemployed. The unemployment rate among the youth is high irrespective of education level. These are staggering statistics highlight the need for our Amy Foundation Youth Skills Development (YSD) Programme.

YSD supports over 100 youth daily at our centre for youth skills development and training in Sybrand Park, with youth attending from all the various townships, as far afield as Khayelitsha.



This programme focuses on unemployed youth aged 18-35 with a job placement success rate of over 80%. Since our programme began, we have placed in employment and entrepreneurship over 1000 participants.

Our Expenses include transportation costs, which play an important part in the ultimate success of the programme. Getting the participants to and from Sybrand Park for training, as well as subsidising their transport during internships and until they receive their first pay-check is vital.

YSD's main disciplines are Hospitality, Sewing & Design, Beauty, Technical and Handyman Skills. Additionally, the learners participate in Retail Readiness, Job readiness/ Soft skills, Entrepreneurship and Enterprise Development.

Our programme is also about ongoing mentorship, nurturing and sustaining the relationships with these learners. It is not just about placing them into entry-level jobs, it is about setting them up for careers or assisting them in starting a small business.

Spread across the disciplines we serve annually Post COVID-19 pandemic – 398 (Pre COVID-19 – 600) learners. We are also currently assisting 20 new micro-businesses and 36 existing new businesses with 50 planned for the remainder of 2021.



Assessment of YSD is carried out through our in-house monitoring and evaluation framework. We utilize both quantitative and qualitative models to collect data. A standard and well-structured curriculum are followed, with discipline-specific lesson plans and assessments.

Components of the quantitative portion of evaluation include attendance records, internship numbers, job placements and businesses started. We also use survey data from facilitators, volunteers, learners and partners.

Qualitative data is obtained through written survey responses, interviews and observation and the services of an external evaluator. In YSD the monitoring of internships and job placements is continuous.

AFTER SCHOOL PROGRAMMES (ASP)

The Amy Foundation has served township communities for over 24 years. The Foundation has a solid, visible and credible reputation in the townships of Gugulethu based at Siyazingisa Primary School, in Bonteheuwel based at Mimosa Primary School and Bonteheuwel High School and our planned fourth centre, at Bongoletu Primary School in Browns Farm, Philippi



The ASP provides a safe environment for learners from vulnerable communities in Cape Town where they engage in high-quality after school programmes that facilitates their well-roundedness. The ASP aims to keep children off the streets, where youngsters often succumb to the temptation of drugs and alcohol, engage in unsafe sex or become involved in gang-related violence.

Our programmes are driven by the desire to empower the students with the necessary skills that will enable them to be economically active, responsible citizens.

Children and young adults are encouraged to participate fully in these empowering programmes, which offer them an opportunity to explore their areas of interest, as a prelude to their chosen careers, and, even at this level, to experience the sense of fulfilment that comes with success.



Our ASP is for school-going children, between the ages of 5 and 18 years. The ASP operates daily and attracts children from more than ten schools that are in the vicinity of our four after school centres. This programme has been seen to have a very profound effect on the children, as a result of its nurturing nature, practical content and a burning desire to help each child reach their true potential.



Our ASP focuses on:

Academic Outcomes: Higher school attendance, lower dropout indicators, better performance in schools, less disciplinary action, increase in literacy levels

Social/Emotional Outcomes: Decreased behavioural problems, improved social and communication skills, improved relationships with others.

Preventative Outcomes:

Decrease in delinquency and violent behaviour, increased knowledge of safe sex and aspects such as HIV/AIDS, avoidance of drug and alcohol use

Positive Citizenship Outcomes: Greening through establishing school vegetable gardens and environment and community development

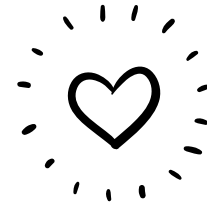
Cultural and Arts Outcomes: Various Arts and Music Programmes providing for holistic development



Sport Outcomes:

Sports disciplines teaching aspects such as discipline, teamwork, goal setting, social skills

The range of programmes include:



Performing Arts

Offering learners Marimba, Choir, Hip-Hop, Krump and Traditional Dance and soon brass will be included as well

Sports

Offering learners Soccer, Netball, Diving and Martial Arts.

Academic Support

Focussing on Literacy and Numeracy.

Foundation Phase

For the 5 to 7-year-olds



Life skills

This programme runs through all the disciplines and focuses on leadership development, teamwork, health awareness, HIV and AIDS, Peer education and Vocational Skills Training (VST).

Greening

The aim of the Amy Foundation Greening and Environmental Programme is to engage and encourage learners to develop an understanding of the natural environment. Ultimately, we strive to inspire and motivate our learners to actively participate in making sustainable lifestyle choices.

ASP Challenges

Due to the COVID-19 pandemic:

- Volunteers who were teaching had to leave
- From April 2020, our centres were closed due to the lockdown.
- Most parents could not afford the cost of a smartphone or data so not all children were able to be reached virtually for classes
- Unreliable connectivity.

ASP HIGHLIGHTS



- Art and Culture Learners attended dance and marimba classes at UCT
- Remote teaching started at the end of April 2020
- Hip hop learners participated in a local dance competition and were placed in the top three
- Learners from Siyazingisa and Mimosa attended diving lessons
- Learners from Siyazingisa have been enrolled in the Gugulethu soccer league
- We acquired facilitating manuals from Sporting Chance, which will be integrated into the Amy Foundation sports programmes.
- Successful piloting of the Coach Assist app at Bonteheuwel High to track learner attendance



- Attending the Bonteheuwel High Career Expo and having an opportunity to engage with learners from the local community
- Three workshops were held to discuss and brainstorm the design of programmes to enable more effective evaluation of their quality and impact
- We distributed Grades 1 and 2 literacy workbooks, fifty Grades 4 - 7 maths workbooks, and as well as fifty Grades 4 - 7 literacy workbooks during lockdown
- We introduced an in-school programme that started at Mimosa Primary
- The Siyazingisa team started a holiday programme on 1 February 2021, after the re-opening of schools was postponed
- Facilitators received training from CoolPlay on nine specific life skills lessons that they can incorporate into their classes
- Coordinators and selected facilitators went on a two day First Aid Training course and ended with a Practical Assessment
- We explored a partnership with MOT (A Norwegian word for “Courage”) life skills programme and will progress in 2021 as well as Boks Kids for sport (Reebok Foundation).

YOUTH SKILLS DEVELOPMENT (YSD)

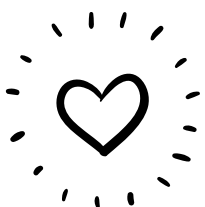


Run from our offices in Sybrand Park, Athlone, the Youth Skills Development programme focuses on unemployed youth aged 18 – 35. The programme has a placement success rate of over 80%. We have focused on the creation and development of entrepreneurs. YSD is well-positioned for 2022 the 2021/2022 financial year and is striving to reach an even greater network of learners. The programme has already reached 95% of learners and last year, YSD conducted virtual sewing, beauty, enterprise development, and hospitality classes. Learners are provided with data to enable them to attend these online classes.

The following programmes are available for Unemployed Youth:

Beauty & Wellness

- Students are taught nail application and other related skills, how to create business cards and advertisements, as well as physiotherapy techniques.
- Advanced learners receive massage lessons.
- Learners are given support in their endeavours.
- Students are introduced to online learning.



Sewing & Design

- Students are taught dressmaking skills, how to conduct a stock take, create a business development plan and beading skills.
- Sewing, innovative use of recycled items, measurements, pattern making, craft production and the manufacturing of masks for corporates and non-profit organizations.

Hospitality

- Catering, cooking, baking, the creation of online cooking videos, creating image boards, putting together food parcels, aiding in feeding schemes and pursuing environmentally friendly methods of food preparation, serving, and general skills for working in hotels and restaurants as well as barista training is offered



Technical Skills

- Carpentry skills and instruction in the competent use of the relevant tools and equipment
- Cultivating a spirit of entrepreneurship.



Soft skills

- Facilitation of readiness for the retail world,
- Business management for entrepreneurs
- One-on-one coaching
- The day-to-day running of students' businesses
- An interviewing skills course.
- Job preparation, recommendation reviews, providing placement opportunities and providing support for learners.



YSD Challenges

- Our technical skills programme has not yet received any donations for a much-needed special dust extractor.
- Sadly, in March 2020, we had to say farewell to our overseas volunteers, due to the COVID-19 pandemic.
- Several learners do not have access to Wi-Fi, which is a requirement to access the available online classes. However, recently, it was made possible for students to purchase data from a nearby service provider, Ikeja, for R5 per day.
- Unfortunately, the Bright's Hardware facilitator resigned from the company, therefore, the programme had to be suspended until the start of 2022.



ASP Highlights

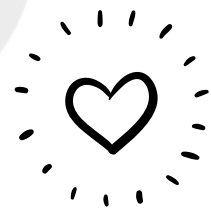
- An Easter collection was arranged to support vulnerable communities over the Easter Weekend. Easter Eggs and healthy fruit was purchased and distributed in the Athlone, Bokmakierie community (partnered with Victory Outreach) and the New Crossroads and Nyanga community. Through this initiative, over 350 children were recipients of fruit and Easter eggs.
- One of our alumni who is currently training at the Vineyard Hotel passed his NVQ Level 2
- Two beauty students started their beauty businesses.
- Audio lens donated seven small canvas prints for our technical skills programme.
- One beauty learner was placed in Clicks V&A
- Four learners started a month contract with Bright's.
- One of our Amy alumni opened a soup kitchen for children in his area.
- Our students at the Vineyard Hotel were called back to complete 3 weeks of theory to receive a Learnership certificate.

- We pursued the train-the-trainer concept and successfully piloted off-site practical workshops for our Beauty and Sewing disciplines, in Philippi and Khayelitsha respectively, using identified Amy Foundation Beauty and Sewing alumni from the respective communities, as facilitators.
- We started setting up an e-learning platform. (include the link here)
- We fulfilled corporate mask orders and produced masks for charity. Masks were sold at Cavendish Square.
- We held our certificate ceremony for Beauty, with support from Development partner, Refectocil.

Many of our placement development partners, especially in the Hospitality industry were hard hit by COVID-19. We will slowly and mindfully begin prospecting again, to create and facilitate exciting opportunities for our new intake of learners. We will also be looking for new development partners.

Our targets for the new year are 600 students. Whilst ambitious, we are filled with hope that, despite the effects of Covid, we will reach our targets and fulfil not only our dreams but those of the future citizens of our country. We will continue to explore creative and innovative ways in which to achieve these targets, especially through the consistent use of technology.

Collaborations and Partnerships



The Amy Foundation works closely with other stakeholders and outreach partners. These partnerships enhance the quality of the experiences in our programmes.

Without partnerships with like-minded people and organizations, we cannot fulfil our mission and our vision to enhance the lives of those who are struggling.

We are deeply grateful to those communities who opened up their school halls and community centres so that our programmes can re-open.



COVID-19

In April 2020, our centres were forced to close due to the COVID-19 induced lockdown. In response, our focus became a humanitarian one, which involved us doing feeding schemes as well as the delivering of bread to our three partner schools, where we ran feeding schemes twice a week feeding up to 1500 community members per day. Thanks to our Premier Food – Blue Ribbon, FoodForward SA and Coca Cola Peninsula Beverages partnership we were able to provide bread, cooked meals with fruit, water and soft drinks to the local communities.

In YSD we very quickly converted to virtual classes which was a great success and from September 2020 a hybrid of onsite and virtual. We also fed the students from time to time and gave them food parcels.



Sustainability

The Amy Foundation subscribes to sound financial practices using financial reports and an annual external audit. We also have a strong Board and an Audit, Risk and Governance Committee. The financial sustainability of the Amy Foundation is primarily based on the support of our many donors/funders and diversified income streams.

Additionally, all our YSD disciplines contain an element of income-generating activities. These demonstrate to the learners the principle of turning skill into an income-generating opportunity.

Amy Foundation Trust
(Registration number: IT 8501/97)
Financial Statements for the year ended 28 February 2021
Statement of Financial Position as at 28 February 2021

Figures in Rand	Notes	2021	2020
Assets			
Non-Current Assets			
Property, plant and equipment	2	7,657,748	7,621,879
Current Assets			
Trade and other receivables	3	95,298	97,960
Cash and cash equivalents	4	6,154,851	5,134,992
		6,250,149	5,232,952
Total Assets		13,907,897	12,854,831
Equity and Liabilities			
Equity			
Trust capital	5	100	100
Non-distributable reserve		7,657,748	7,621,879
Reserves		5,857,699	5,061,675
		13,515,547	12,683,654
Liabilities			
Current Liabilities			
Trade and other payables	6	392,350	171,177
Total Equity and Liabilities		13,907,897	12,854,831

Amy Foundation Trust
(Registration number: IT 8501/97)
Financial Statements for the year ended 28 February 2021
Statement of Cash Flows

Figures in Rand	Notes	2021	2020
Cash flows from operating activities			
Cash generated from operations	11	932,316	1,524,011
Interest income		260,221	352,129
Finance costs		(38,223)	(410)
Net cash from operating activities		1,154,314	1,875,730
Cash flows from investing activities			
Purchase of property, plant and equipment	2	(134,455)	(248,301)
Total cash movement for the year		1,019,859	1,627,429
Cash at the beginning of the year		5,134,992	3,507,563
Total cash at end of the year	4	6,154,851	5,134,992

Amy Foundation Trust
 (Registration number: IT 8501/97)
Financial Statements for the year ended 28 February 2021
Statement of Changes in Equity

	Trust capital	Non-distributable reserve	Reserves	Total equity
Figures in Rand				
Balance at 01 March 2019	100	7,517,236	1,645,328	9,162,664
Surplus for the year	-	-	3,520,990	3,520,990
Transfer of non-distributable reserve	-	104,643	(104,643)	-
Total changes	-	104,643	(104,643)	-
Balance at 01 March 2020	100	7,621,879	5,061,675	12,683,654
Surplus for the year	-	-	831,893	831,893
Transfer of non-distributable reserve	-	35,869	(35,869)	-
Total changes	-	35,869	(35,869)	-
Balance at 28 February 2021	100	7,657,748	5,857,699	13,515,547

Notes

5



CONCLUSION

The Amy Foundation programmes make a large and lasting impact on the levels of support and information youth in poorer communities can access at participating schools. For participating youth, the increase in support and information will directly lead to academic improvement, increased motivation to study, greater awareness of available options and resources, better behaviour, healthier peer group activity, improved life skills and confidence. Schools and employers will benefit from learners that are better informed, better motivated and better behaved and both the number of learners and the quality of results achieved should improve.

The Amy Foundation has the experience, expertise, credibility, infrastructure and track record to deliver the quality training, support materials and after school and youth skills development programmes our youth and schools need. We will continue to change lives and make a difference where it is so badly needed.

HOW YOU CAN PARTNER WITH US AND HELP TO CHANGE MORE LIVES!

• Sponsor a Youth

R 9 000 a year will pay for a child to attend the After School Programme at one of our centres. It covers their education and the learning of a skill, a light meal and all of the equipment and materials needed.

R 12 000 per year gives a youngster access to our Youth Skills Development Programme. This training can give them access to an internship and job with our Developmental Partners like some of the top Cape Town hotels or lead to further study or setting up their own business. Our Centre in Sybrand Park acts as a mini college and costs include all training, staff, equipment and materials including transport to and from the townships.



• Sponsor a Programme

Make an annual or a monthly donation to the programmes or a specific programme of your choice. You can send a cheque or make a direct bank transfer to the Foundation's bank account. Sign up here for a Debit order: <https://amyfoundation.co.za/debit-order/> You could also collect musical instruments, art material or sports equipment.

• Take the Amy Foundation Cultural Township Tour and/or encourage visitors to take the tours (Half Day R400 and Full Day R600)

Best rates in CT and visitors get to experience and interact with the children and youth in the various activities described above. “... inspiring... motivating..... captivating..... life-changing...” Some of the words used by visitors to describe the tour. Contact Michelle@amyfoundation.co.za or call 021 447 1690



- **Sign up for a MySchool MyVillage MyPlanet card (FREE)**

By completing the form here, choosing the Amy Foundation as a beneficiary and simply going about your normal shopping habits you can benefit the Foundation. The card is free, is not a debit or credit card and there is no fee involved. A percentage of your purchase is automatically donated to the Amy Foundation. You can also change your beneficiaries to include The Amy Foundation.

- **Order Amy 'R' Bracelets (R50 each)**

An exciting concept, the Amy Foundation Relate 'R' Bracelet is an amazing opportunity for businesses, corporates, schools, universities, their students, alumni, staff and partners to connect to the Amy Foundation cause and help change a life one wrist at a time. It is not just a string of beads it is a lifeline.



- **Volunteer with the Amy Foundation**

For a life-changing experience come and volunteer with the Foundation and work with our children and youth for 8 weeks, 3 months or even 1 year. Please email Nariman@amyfoundation.co.za



- **Order Amy's wine (R150 per bottle)**

AMY FOUNDATION SHIRAZ 2018 – NO SULPHUR ADDED

The wine is an intense dark coloured wine, with aromas of liquorice, spices and oak. The palate has a balanced tannin structure, with a black fruit undertone.

Audacia Winery: Is famous for delicious no sulphur added wine made using unique Rooibos and Honeybush wine tannin antioxidants which replaces sulphur as a natural preservative in the wine.



This special way of making wine enhances the fresh fruitiness and delicate flavours of the wine for your added enjoyment, plus you get none of the sulphur preservative associated allergens or irritations normally associate with wines where sulphur is added.



Gratitude

Thank you to all our staff, volunteers, interns, donors, supporters, board members, audit, risk and governance committee members and beneficiaries who believe in the mission and vision of the Amy Foundation.

**TOGETHER WE ARE
CHANGING LIVES!**



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